

Name: _____ Student # _____ Catalog Yr: _____

Address: _____ Telephone: _____ e-mail: _____

K-12 PHYSICAL EDUCATION PROGRAM REQUIREMENTS

FRESHMAN YEAR

Class Title	Credits	Grade	Class Title	Credits	Grade
ENGL 101 English Composition	3	_____	ENGL 102 English Composition	3	_____
Area I Core (1 st Field) _____	3	_____	Area I Core (2 nd Field) _____	3	_____
PSYC 101 General Psychology	3	_____	Area III Core _____	4	_____
BIOL 227 Human Anatomy & Physiology	4	_____	KINES _____ Instruc. Activity Strand	1	_____
KINES 101 Foundations of Kinesiology	2	_____	KINES _____ Instruc. Activity Strand	1	_____
KINES 112 Fitness Foundations	1	_____	KINES 116 Instruc. Rhy. Skills/Dance	1	_____
KINES _____ Instruc. Activity Strand	1	_____	KINES 140 Personal Health	3	_____
(17)			(16)		

(See back side for Activity Strand Courses)

***Passed Praxis I (#0720 – Writing Exam)** _____

Contact the Psychometric Testing Center (321-7422)

SOPHOMORE YEAR

Class Title	Credits	Grade	Class Title	Credits	Grade
Area I Core (3 rd Field) _____	3	_____	Area I Core (Any Field) _____	3	_____
Area II Core/Sociology _____	3	_____	EDTECH 202 Ed Technology	3	_____
Area II Core/Communications _____	3	_____	KINES 107 Instructional Gymnastics	1	_____
ED-CIFS 201 Found of Education	3	_____	KINES _____ Instruc. Activity Strand	1	_____
Area III Core/Math _____	4-5	_____	KINES _____ Instruc. Activity Strand	1	_____
KINES _____ Instruc. Activity Strand	1	_____	KINES _____ Instruc. Activity Strand	1	_____
(17-18)			KINES 141 First Aid & CPR	1	_____
			KINES 251 Intro. To Teaching P.E.	2	_____
			KINES 270-271 Applied Anatomy	3	_____
			(16)		

Apply to Upper Division in Kinesiology the SEMESTER PRIOR to taking upper level classes found on the back of this form. The criteria for admission include: (a) completing the courses listed above with a 2.5 GPA or better, (b) passing Praxis I* (writing exam), and (c) passing EDTECH 202 and ED-CIFS 201.

To apply for admission to Upper Division in Kinesiology: Submit the following to the Department of Kinesiology office (K209) on or before February 1 (for the upcoming Fall semester) or October 1 (for Spring semester):

(a) a copy of this academic program checklist, (b) unofficial transcripts, (c) a copy of your passing score on the Praxis I exam.

Total Credit Hours (≥ 57 credits): _____ **Cumulative GPA (≥ 2.5):** _____

Praxis I writing: Date of exam _____ **Score** _____ (≥ 172/318)

Applicant Signature _____ **Advisor** _____ **Date:** _____

Admission to Upper Division in Kinesiology: Approved _____ **Provisional** _____ **Denied** _____

Department Chair _____ **Date:** _____

Apply to Secondary Teacher Education the SEMESTER PRIOR to taking Block I courses (*KINES 351, *KINES 352, *ED-CIFS 203). Admission to Secondary Teacher Education is required before students can register for Block I.

To apply for admission to Secondary Teacher Education: Submit the following to the Office of College School Partnerships, E222: (a) a copy of this academic checklist, (b) unofficial transcripts, (c) copy of your Praxis I score, and (d) Admission to Secondary Teacher Education Application (available online at:

<http://education.boisestate.edu/teachered/appinfo.htm> . Deadlines are the first Friday in February if applying for Block I Fall semester and the third Friday in September if applying for Block I spring semester.

JUNIOR YEAR

Class Title	Credits	Grade	Class Title	Credits	Grade
KINES 180 Intro To Coaching	2	_____	KINES 301 Evaluation in PE	3	_____
KINES 305 Adapted PE	3	_____	*KINES 351 Elem School PE Methods	3	_____
KINES 330-331 Exercise Physiology	3	_____	*KINES 352 Elem Field Experience	1	_____
KINES 365 Social Psy of Sport & PA	3	_____	*ED-CIFS 203 Child & Educ. Pys.	3	_____
KINES 375-376 Hum Growth & Mtr Lrn	3	_____	KINES _____ Instruc. Activity Strand	1	_____
KINES 458 Curriculum Design in PE	3	_____	KINES _____ Instruc. Activity Strand	1	_____
	(17)		KINES 370-371 Biomechanics	3	_____
			*co-requisite Block I courses	(15)	

Apply to Admission to Secondary Education Professional Year the semester PRIOR to taking Block II courses (**KINES 451, **KINES 452, **ED-LTCY 444). Admission is required before students may register for Block II and Student Teaching. To apply, you must submit an Application for Advancement to the Professional Year. The form is available at <http://education.boisestate.edu/teachered/appinfo.htm>. Deadlines are the first Friday in February if applying for fall semester and the third Friday in September if applying for spring semester.

SENIOR (PROFESSIONAL) YEAR

Class Title	Credits	Grade	Class Title	Credits	Grade
**KINES 451 Secondary PE Methods	3	_____	Student Teaching:		
**KINES 452 Sec Field Experience	1	_____	KINES 460 Prof Year Elem Teach Exp	8	_____
**ED-LTCY 444 Content Lit for Sec Stud	3	_____	KINES 461 Prof Year Sec Teach Exp	8	_____
KINES 435 Instruc Applied Res Training	1	_____		(16)	
KINES 455 Org. & Admin. of PE	2	_____			
Electives	4-6	_____			
** co-requisite Block II courses	(14-16)				

Pass Praxis II (#0091) prior to student teaching _____

Go to www.ets.org to register.

ELECTIVES / SUBJECT AREA ENDORSEMENTS

(1-3 elective credits are required to total 128 credits)

Class	Title	Credits	Grade	Class	Title	Credits	Grade
_____	_____	()	_____	_____	_____	()	_____
_____	_____	()	_____	_____	_____	()	_____
_____	_____	()	_____	_____	_____	()	_____
_____	_____	()	_____	_____	_____	()	_____
_____	_____	()	_____	_____	_____	()	_____
_____	_____	()	_____	_____	_____	()	_____

ACTIVITY STRANDS

Team Sports Strand (Select 3)

- KINES 110 Instructional Volleyball
- KINES 111 Instructional Basketball
- KINES 115 Instructional Recreational Games
- KINES 117 Instructional Soccer

Individual/Dual Strand (Select 3)

- KINES 102 Instructional Tennis
- KINES 103 Instructional Indoor Racket Activities
- KINES 113 Instructional Golf
- KINES 119 Instructional Track & Field

Required Strand (Select ALL 4)

- KINES 112 Fitness Foundations
- KINES 107 Instructional Gymnastics
- KINES 116 Instructional Rhythmic Skill & Dance
- KINES 435 Instructional Applied Resistance Training

Nontraditional Strand (Select 3)

- KINES 104 Instructional Bowling and Archery
- KINES 114 Instructional Outdoor Education
- KINES 105 Instructional Yoga & Pilates
- KINES 118 Aquatics or (WSI or Lifeguard Training)
- KINES 106 Instructional Aerobic Dance Activities
- KIN-ACT Choice: _____