

Name: _____ Student #: _____ Catalog Yr. _____

Address _____ Telephone#: _____ e-mail _____

EXERCISE SCIENCE: EXERCISE PHYSIOLOGY EMPHASIS: PROGRAM REQUIREMENTS (Rev 9-13-07)

FRESHMAN YEAR

Class Title	Credits	Grade	Class Title	Credits	Grade
ENGL 101 English Comp (Core)	3	_____	ENGL 102 English Composition (Core)	3	_____
BIOL 227 Human Anatomy & Physiology	4	_____	Area I Core (1 st Field)	3	_____
KINES 101 Foundations of Kinesiology	2	_____	PSYC 101 General Psychology (Area II)	3	_____
KINES 112 Fitness Foundations	1	_____	BIOL 228 Human Anatomy and Physiology	4	_____
KINES 141 First Aid/CPR	1	_____	KINES 140 Personal Health	3	_____
MATH 143 & 144 or MATH 147	5	_____		(16)	
	(16)				

SOPHOMORE YEAR

Class Title	Credits	Grade	Class Title	Credits	Grade
Area I Core (2 nd Field)	3	_____	Area I Core (3 rd Field)	3	_____
Area II Core in Communications	3	_____	CHEM 112 & 112L College Chemistry	5	_____
CHEM 111 & 111L College Chemistry	4	_____	PHYS 111 General Physics (Area III)	4	_____
KINES 270-271 Applied Anatomy	3	_____	KINES or KIN-ACT Activity	1	_____
KINES or KIN-ACT Activity	1	_____	Computer Applications Course	3	_____
	(14)			(16)	

Admission to upper division in Kinesiology is required before you may enroll in upper division courses. To apply for admission, submit the following to the Department of Kinesiology Office (K209): 1) this form with your advisor's signature, 2) a copy of your transcripts (unofficial is OK), and 3) a copy of your degree progress report. To apply for Spring semester, materials must be received by October 1st. To apply for Fall semester, materials must be received by March 1st.

Total Credit Hours (> 57): _____ Cumulative GPA (>2.5): _____ Advisor's Signature: _____

Admission to Upper Division in Kinesiology: Approved _____ Provisional _____ Denied _____

Signature of Dept. Chair: _____ Date: _____

JUNIOR YEAR

Class Title	Credits	Grade	Class Title	Credits	Grade
Area II Core Sociology Elective	3	_____	Area I Core (Any Field)	3	_____
CHEM 301-02 or 307-08 Organic Chemistry	5	_____	Area II Core (Any Field)	3	_____
HLTHST 207 Nutrition	3	_____	BIOL 301 Cell Biology	3	_____
KINES 330-331 Exercise Physiology	3	_____	HLTHST 220 Cardiopulmonary Renal Physiology	3	_____
KINES 375-376 Human Growth and Motor Learning	3	_____	KINES 301 Evaluation in PE	3	_____
	(17)		KINES or KIN-ACT Activity	1	_____
				(16)	

SENIOR YEAR

Class Title	Credits	Grade	Class Title	Credits	Grade
KINES 363 Exercises Psychology	3	_____	CHEM 431-432 Biochemistry	5	_____
KINES 432 Conditioning Procedures	3	_____	KINES 305 Adapted PE	3	_____
KINES 493 Internship	4	_____	KINES 370-371 Biomechanics	3	_____
PSYC 295 Statistical Methods	3	_____	ZOOL 401 Human Physiology	4	_____
Upper Division Electives	2	_____	*Recommended Electives: BIOL 205, BIOL 300, (15)		
Elective	2	_____	CHEM 309 or 310, HLTHST 300, RESPCARE 225, ZOOL 409		
	(17)				